



PLANT
BASED



THE GRACIOUS WAY

ALLERGEN
FREE

VEGAN



Baking Made Easy

WHAT'S THE DIFFERENCE?

BREAD AND BAKING FLOUR

MINUS THE GLUTEN &
3X THE FIBRE
HEALTHY GUT HEALTHY MIND

ALLERGEN-FREE



WHAT DOES THIS MEAN?



EGG PLACEMENTS?



HOW?

READ

MORE



100% GLUTEN-FREE

Gracious Bakers revolutionary allergen-free flours are the difference and transforming the future and the world of baking, offering a perfect blend of taste, texture, and nutrition. Our flour delivers all the goodness without the gluten, gmo's, hormones, all while making every bite irresistible, but also sustainable. Our flours are lab tested gluten-free and unique developed in-house. The formulation was created with a large focus on real health and nutrition with options for every recognized allergen. All while mimicking the same great taste, texture. Formulated to contain 3 times the Fiber, of traditional flours, protein and less carbs, it aids gut health and automatically aid gut microbiome Providing you with long term sustained energy and vitality.

Feeling well starts by fueling well is not only our testament, but our clients.

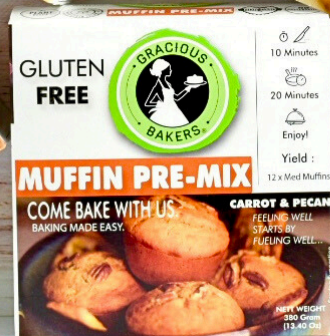
INTRODUCING

COME BAKE

WITH US



Vegan



**2 FLOURS
9 PRE-MIXES
100'S OF RECIPE'S**

TRIED AND TESTED



ALLERGEN FREE

FREE

MASTERCLASS

SCAN



And Follow Along.

ENGLISH / XHOSA

2 Flours, 9 versatile premixes, loads of recipes, Specially formulated as gluten replacements. Whip up everything from muffins to pizzas, scan the QR code and bake along with our free masterclasses in both english and xhosa. Fortified with a unique blend of vitamins and minerals supports healthy nutrition, especially for kids.

- Gluten Free
- Wheat Free
- Dairy Free
- Sulphite Free
- Vegan
- Preservative Free
- Nut Free
- Allergen Free
- Egg Free
- Lactose Free
- Non GMO
- Plant Based
- No Added Sugar
- No Added Salt
- Fortified with added Nutrients and Minerals



SHOP NOW

OUR WINTER WARMER RECIPES



CHOUX PASTRY - GLUTEN FREE & DAIRY -FREE

There's something magical about choux pastry—the way it puffs up into golden perfection, light as air and ready to cradle sweet or savory fillings. But for those of us navigating food sensitivities, this delicate French classic can feel just out of reach. That's why I'm so excited to share this recipe: a beautiful, gluten-free choux pastry made with Gracious Bakers' Allergen-Free Bread Flour.



PANCAKES STACKS - GLUTEN & DAIRY-FREE

Get ready to delight your taste buds with a scrumptious Gracious Bakers pancake recipe that's not only gluten and dairy-free but also incredibly easy to whip up! Whether you're looking to accommodate dietary restrictions or simply want to try something new, these pancakes promise fluffy goodness that everyone will love. With wholesome ingredients and a dash of creativity, you'll create a breakfast treat that's perfect for sharing (or savouring all on your own!). So, grab your mixing bowl and let's flip some fluffy pancakes that are sure to bring a smile to your morning!



FLAPJACKS - GLUTEN & DAIRY-FREE

Welcome to a delightful world of wholesome goodness with our Gluten-Free and Dairy-Free Flapjacks! These scrumptious treats are not just for those with dietary restrictions; they're a deliciously sweet indulgence everyone will love. Made with simple, wholesome ingredients, these flapjacks offer a perfect blend of chewy texture and rich flavors that will make your taste buds dance.



TRADITIONAL SOUTH AFRICAN MALVA - GLUTEN & DAIRY-FREE

There's something timeless about malva pudding — its golden, syrupy richness, its tender crumb, and the way it brings comfort with every spoonful. Rooted in South African heritage and cherished across generations, this dessert has always been a symbol of home and heartfelt hospitality.

MORE





FEELING WELL STARTS
BY FUELING WELL


**GLUTEN
FREE**



**DAIRY
FREE**

Explore Our Recipe Section
For More...

THE BREAD AND BAKING FLOURS WITH A DIFFERENCE

ELEVATE BAKING WITH GRACIOUS BAKERS

REMEMBER THE 1St
INGREDIENT OF BAKING
IS TO HAVE FUN.

Tel: 021 850 0373

Email: sales@graciousbakers.co.za

**S
C
A
N**



GB - Recipe Book 1



GB - Recipe Book 2

**FOR EVERY 1 KG PRODUCED, WE
DONATE**

10% FOR CHANGE



Visit Website

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Email: sales@graciousbakers.co.za

Every purchase makes a difference, one bake at a time

OUR COMMITMENT TO UPLIFTING COMMUNITIES